



## Smokeless Tobacco

This reading list is a brief selection of journal articles, online reports and other web-based material on the topic of *Smokeless Tobacco*. Its purpose is to provide readers with an introduction to and overview of available literature on the topic. Listing a reference in no way implies an endorsement over other published research in this area. For a wider selection, please see our library catalogue.



### General Information

Callery WE, Hammond D, O'Connor RJ, Fong GT. [The appeal of smokeless tobacco products among young Canadian smokers: The impact of pictorial health warnings and relative risk messages](#). *Nicotine and Tobacco Research* 2011 May;13(5):373-383.

Centers for Disease Control and Prevention. [Smokeless Tobacco](#). Atlanta, GA: CDC, 2010.

Centers for Disease Control and Prevention. [State-specific prevalence of cigarette smoking and smokeless tobacco use among adults: United States, 2009](#). *Morbidity and Mortality Weekly Report* 2010 November 5;59(43):1400-1406.

Health Canada. [Smokeless Tobacco Products: A Chemical and Toxicity Analysis](#). Ottawa: Health Canada, December 2010.

Ontario Tobacco Research Unit. [What Population Surveys Say About Smokeless Tobacco Use](#). OTRU Research Update, October 2006.

Physicians for a Smoke-Free Canada. [Smokeless Tobacco: New Trends for an Old Product](#). Ottawa, March 2010.

[Smokeless Tobacco Fact Sheets](#). Stockholm, Sweden: September 22-25, 2002: 3rd International Conference on Smokeless Tobacco.

Substance Abuse and Mental Health Services Administration (SAMHSA). Office of Applied Studies. [Smokeless Tobacco Use, Initiation, and Relationship to Cigarette Smoking: 2002 To 2007](#). NSDUH Report, March 5, 2009.

Tomar SL, Alpert HR, Connolly GN. [Patterns of dual use of cigarettes and smokeless tobacco among U.S. males: Findings from national surveys](#). *Tobacco Control* 2010 Apr;19(2):104-109. – full text

Wyckham RG. [Smokeless tobacco in Canada: Deterring market development](#). *Tobacco Control* 1999;8(4):411-420. – full text

WHO Framework Convention on Tobacco Control. [Control and Prevention of Smokeless Tobacco Products and Electronic Cigarettes](#). Geneva, SZ: World Health Organization, September 15, 2010.

World Health Organization. WHO Study Group on Tobacco Product Regulation. [WHO Study Group on Tobacco Product Regulation: Report on the Scientific Basis of Tobacco Product Regulation: Third Report of a WHO Study Group](#). WHO technical report series No. 955. -- Geneva, SZ: WHO, 2009.

## Advertising, Sales

Alpert HR, Koh HK, Connolly GN. [Free nicotine content and strategic marketing of moist snuff tobacco products in the United States: 2000-2006](#). *Tobacco Control* 2008;Oct 17(5):332-338.

United States. Federal Trade Commission. [Federal Trade Commission Smokeless Tobacco Report for 2007 and 2008](#). Washington: Federal Trade Commission, 2011.

Stepanov I, Jensen J, Hatsukami D, Hecht SS. [New and traditional smokeless tobacco: Comparison of toxicant and carcinogen levels](#). *Nicotine and Tobacco Research* 2008 Dec;10(12):1773-1782.

Ling PM, Haber LA, Wedl S. [Branding the rodeo: A case study of tobacco sports sponsorship](#). *American Journal of Public Health* 2010 Jan;100(1):32-41. – full text

Morrison MA, Krugman DM, Park P. [Under the radar: Smokeless tobacco advertising in magazines with substantial youth readership](#). *American Journal of Public Health* 2008;98(3):543-548. – pdf full text

Rogers JD, Biener L, Clark PI. [Test marketing of new smokeless tobacco products in four US cities](#). *Nicotine and Tobacco Research* 2010 Jan 12(1):69-72. – full text

## Harm Reduction

Carpenter MJ, Gray KM. [A pilot randomized study of smokeless tobacco use among smokers not interested in quitting: changes in smoking behavior and readiness to quit](#). *Nicotine and Tobacco Research* 2010 Feb 12(2):136-143.

Gartner CE, Hall WD, Chapman S, Freeman B. [Should the health community promote smokeless tobacco \(snus\) as a harm reduction measure?](#) *PloS Medicine* 2007 July;4(7). – pdf full text

Hatsukami DK, Lemmonds C, Tomar SL. [Smokeless tobacco use: Harm reduction or induction approach?](#) *Preventive Medicine*, 2004 Mar;38(3):309-317.

Hecht SS, Carmella SG, Murphy SE, Riley WT, Chap L, Luo X, et al. [Similar exposure to a tobacco-specific carcinogen in smokeless tobacco users and cigarette smokers](#). *Cancer Epidemiology Biomarkers and Prevention* 2007 Aug;16(8):1567-1572. – full text

Non-Smokers' Rights Association. *Harm Reduction in Tobacco Control: What is it? Why should you care? Policy Analysis*. Toronto: NSRA, June 2010.

Savitz DA, Meyer RE, Tanzer JM, Mirvish SS, Lewin F. [Public health implications of smokeless tobacco use as a harm reduction strategy](#). *American Journal of Public Health* 2006 May;96(11):1934-1939. – full text

Shiffman S, Gitchell J, Rohay JM, Hellebusch SJ, Kemper KE. [Smokers' preferences for medicinal nicotine vs smokeless tobacco](#). *American Journal of Health Behavior* 2007 Sep 1;31(5):462-472.

## Health Effects

Auluck A, Hislop G, Poh C, Zhang L, Rosin MP. [Areca nut and betel quid chewing among South Asian immigrants to Western countries and its implications for oral cancer screening](#). *Rural and Remote Health* 2009 Apr-Jun 9(2):1118. – full text

Boffetta P, Straif K. [Use of smokeless tobacco and risk of myocardial infarction and stroke: systematic review with meta-analysis](#). *British Medical Journal* 2009 Aug 18;339:b3060. – full text

Boffetta P, Hecht SS, Gray NJ, Gupta PC, Straif K. [Smokeless tobacco and cancer](#). *Lancet Oncology* 2008 Jul;9(7):667-675.

Broadstock M. [Systematic review of the health effects of modified smokeless tobacco products](#). *New Zealand Health Technology Assessment Report*, 2007 Feb;10(1). – full text

Critchley JA, Unal B. [Health effects associated with smokeless tobacco: A systematic review](#). *Thorax*, 2003;58(5):438-443. – pdf full text

Hecht SS, Carmella SG, Murphy SE, Riley WT, Le C, Luo X. [Similar exposure to a tobacco-specific carcinogen in smokeless tobacco users and cigarette smokers](#). *Cancer Epidemiology, Biomarkers and Prevention* 2007;16(8):1567-1572.

Henley SJ, Connell C, Richter PA, Husten CG, Pechacek T, Calle EE. [Tobacco-related disease mortality among men who switched from cigarettes to spit tobacco](#). *Tobacco Control*, 2007 Feb;16(1):22-28. – full text

International Agency for Research on Cancer (IARC). *Tobacco Habits Other Than Smoking: Betel-Quid and Areca-Nut Chewing; and some Related Nitrosamines: Summary of Data Reported and Evaluation*. IARC Monographs on the Evaluation of Carcinogenic Risks to Humans, Volume 37. Lyon, FR: IARC, 1985.

Luo J, Ye W, Zendejdel K, Adami J, Adami HO, Boffetta P, et al. [Oral use of Swedish moist snuff \(snus\) and risk for cancer of the mouth, lung, and pancreas in male construction workers: A retrospective cohort study](#). *Lancet*, 2007 Jun 16;369(9578):2015-2020.

National Cancer Institute. *Smokeless Tobacco and Cancer: Questions and Answers*. Bethesda, MD: National Cancer Institute.

National Cancer Institute. *Smokeless Tobacco or Health: An International Perspective*. Smoking and Tobacco Monograph 2. Bethesda, MD: US Department of Health and Human Services, National Institutes of Health, National Cancer Institute, 1992.

Ontario Tobacco Research Unit. *Smokeless Tobacco and Snus: The Current Evidence for Health Risks*. OTRU Research Update, June 2007.

Piano MR, Benowitz NL, Fitzgerald GA, Corbridge S, Heath J, Hahn EJ. *Impact of smokeless tobacco products on cardiovascular disease: Implications for policy, prevention, and treatment: A policy statement from the American Heart Association*. *Circulation* 2010 Oct 12;122(15):1520-1544. – full text

United States. Department of Health and Human Services. *The Health Consequences of Using Smokeless Tobacco: A Report of the Advisory Committee to the Surgeon General*. Bethesda, MD: U.S. Department of Health and Human Services, Public Health Service, 1986.

Walsh PM, Epstein JB. *The oral effects of smokeless tobacco*. *Journal of the Canadian Dental Association*, 2000;66(1):22-25.

Yatsuya H, Folsom AR. *Risk of incident cardiovascular disease among users of smokeless tobacco in the Atherosclerosis Risk in Communities (ARIC) Study*. *American Journal of Epidemiology* 2010 Sept 1 172(5):600-605. – pdf full text

## Quitting Smokeless Tobacco Use

Ebbert J, Montori VM, Vickers-Douglas KS, Erwin PC, Dale LC, Stead LF. *Interventions for smokeless tobacco cessation (review)*. *Cochrane Library* 2009, Issue 1.

Ebbert JO, Severson HH, Croghan IT, Danaher BG, Schroeder DR. *A pilot study of mailed nicotine lozenges with assisted self-help for the treatment of smokeless tobacco users*. *Addictive Behaviors* 2010 May;35(5):522-525.

Severson HH, Gordon JS, Danaher BG, Akers L. *ChewFree.com: Evaluation of a Web-based cessation program for smokeless tobacco users*. *Nicotine and Tobacco Research* 2008;10(2):381-391.

*Smokeless Tobacco and How to Quit*. Atlanta, GA: American Cancer Society, 2010.

## Other Forms of Smokeless Tobacco

Centers for Disease Control and Prevention. *Fact Sheet: Betel Quid with Tobacco (Gutka)*. Atlanta, GA: CDC, 2011.

Changrani J, Gany FM, Cruz GD, Kerr R, Katz R. *Paan and gutka use in the United States: a pilot study in Bangladeshi and Indian-Gujarati immigrants in New York City*. *Journal of Immigrant and Refugee Studies* 2007;4(1):99-110. – full text

International Agency for Research on Cancer (IARC). *Betel-quid and Areca-nut Chewing and Some Areca-nut-derived Nitrosamines*. IARC Monographs on the Evaluation of Carcinogenic Risks to Humans, Volume 85. Lyon, FR: IARC, 2004. – full text